



Can we combat health inequalities

among ethnic minorities in Hong Kong?

Dr Leung Dion Sik-yee Senior Lecturer, School of Health Sciences

10 March 2021, Wednesday 1:00 - 2:00 p.m. Join in-person: Room A533 / Join on Zoom

(Chairperson: Dr KWOK Kim, Assistant Professor, Felizberta Lo Padilla **Tong School of Social Sciences)**

Abstract

My qualitative study aims to examine health-seeking behaviours of Hong Kong's ethnic minorities (Ems), and explore strategies to combat the cycle of cumulative disadvantages that affects them. The findings reveal the difference of EMs' skin colours, races, cultures, and religious beliefs/practices could subject them to a life of systemic discrimination and oppression from the host society, which leads to their sufferings of various disadvantages, health disparities and inequalities. The HKSAR Government has a duty of care in developing multicultural healthcare policies to improve intercultural health communication, promote cultural sensitivity, and make ethno-specific care available to EMs.

About the speaker

Dr. Dion Leung joined the Caritas Institute of Higher Education in July 2016 as the Senior Lecturer at the School of Health Sciences. Before joining the Caritas Institute of Higher Education, she committed to nursing education as a nursing academic at the Open University of Hong Kong and The Chinese University of Hong Kong. Additionally, she is an accredited Mental Health First Aid Instructor in Hong Kong. She gained her education and clinical experience in acute and intensive care of paediatric nursing, as well as adult and paediatric surgical nursing care. Later, she worked for the Community Services Program at Tung Wah Group of Hospitals and Family Medicine Clinic and had the responsibility providing health care education to elderly clients and the general public to deal with everyday health issues.

As the nursing profession is a multi-faceted area, ever-expanding and evolving, she decided to further her study at the University of Hong Kong, specialising in medical statistics, epidemiology, and community health care. Moreover, she is a nominee of the Dean's Honours list in the Doctor of Health Science degree by the Hong Kong Polytechnic University. Her research interests focus on psychosocial and community care; and health disparities among ethnic minorities in Hong Kong.

All in all, her education and teaching experience have proved valuable to her on several levels, allowing her o propagate knowledge in nursing and health care. She is sincerely putting her experience in teaching and guiding a new generation of nurses.

Sandwich/salad will be provided to the participants who join the seminar in-person. All are welcome.

For enquiries, please email to ro@cihe.du.hk

